Female Sports Teacher

Yoga Preferred | Allenhouse Public School, Vasundhara, Ghaziabad

Position Overview

We are seeking an energetic, responsible, and student-focused Female Sports Teacher, preferably with knowledge or certification in Yoga. The candidate will promote physical fitness, wellness, discipline, teamwork, and healthy habits among students through engaging sports, yoga, and physical education activities. Candidates with experience in yoga or other sports disciplines are welcome.

Key Responsibilities

- Plan and conduct age-appropriate physical education, sports, fitness, and yoga sessions.
- Teach basic yoga postures (asanas), breathing techniques, stretching, relaxation, and mindfulness, where qualified.
- Organise warm-ups, fitness drills, games, sports activities, and recreational exercises.
- Encourage teamwork, sportsmanship, discipline, confidence, and a positive attitude.
- Adapt activities to students' ages, abilities, and individual needs while maintaining safety.
- Supervise students during sports periods, practice sessions, competitions, and school events.
- Ensure sports equipment and activity areas are used safely and responsibly.
- Monitor student participation and progress and maintain relevant records.
- Support sports days, inter-house competitions, assemblies, wellness programmes, and other school activities.
- Collaborate with teachers and school leadership to promote students' physical and emotional well-being.
- Maintain an inclusive, encouraging, and well-managed learning environment.

Educational Qualifications

- Bachelor's degree in Physical Education (B.P.Ed. or equivalent) or another relevant qualification, as applicable to the role.
- Yoga certification or a recognised yoga qualification will be preferred.
- Relevant coaching or sports certifications are an advantage.

Experience

- Experience teaching sports, yoga, physical education, or fitness to school students is preferred.
- Freshers with relevant qualifications, strong communication skills, and enthusiasm for student fitness may also apply.

Required Skills and Competencies

- Good physical fitness and practical knowledge of sports, yoga, or physical education.
- Strong classroom management, communication, and student-engagement skills.
- Patience, discipline, teamwork, and a positive, encouraging approach.
- Ability to plan activities, supervise groups, and follow student safety procedures.
- Professional conduct and commitment to students' overall development.

Preferred Candidate Profile

A female candidate with a special interest in Yoga is preferred; candidates with expertise in other sports or physical fitness activities are also welcome. The ideal candidate will inspire students to stay active, build healthy habits, and develop confidence, resilience, and sportsmanship.